



## GUIDE FOR CLINICIANS - PPE

### PATIENTS WITH NO COVID SYMPTOMS or NOT COVID POSITIVE:

#### Donning PPE:

1. **Before entering patient home:**
2. Perform hand hygiene
3. Don Isolation mask/Surgical mask-**if re-using mask**, carefully remove from bag or container and holding elastic bands don mask without touching the front of the mask
4. Perform hand hygiene
5. Don clean gloves

#### Doffing PPE:

1. Remove Gloves and discard **before exiting the home**
2. Perform hand hygiene
3. Remove mask **once exiting the home**. If re-using the mask -remove elastic bands without touching the front of the mask and carefully fold it so that the outer surface is held inward and against itself to reduce contact with the outer surface during storage. The folded mask can be stored between uses in a clean sealable paper bag or breathable container. **Discard if soiled or damaged.**
4. Perform hand hygiene

### PATIENTS WITH COVID SYMPTOMS OR POSITIVE TEST RESULTS:

#### Donning PPE:

1. **Before entering patient home:**
2. Perform hand hygiene
3. Don N 95 respirator mask by holding elastic bands and don mask
4. Perform hand hygiene
5. Don Goggles or Face Shield (preferably)
6. Perform hand hygiene
7. **Once entering the home**, don clean gown and gloves preferably at least 6 feet from patient

#### Doffing PPE:

1. **Before leaving patient home:**
2. Remove Gown pulling it forward away from your body and fold inward and discard in trash bag.
3. Remove gloves inside out and discard.
4. Perform hand hygiene.
5. **Outside of home:**
6. Remove Face Shield or Goggles without touching outside.
7. Hold straps or top bar of shield to clean- (steps 8-10)
8. Carefully wipe the **inside** of the face shield or goggles using a Sani-cloth or Micro-Kills.
9. Carefully wipe the **outside** of the face shield or goggles using a Sani-cloth or Micro-Kills.
10. Fully dry (air dry or use clean paper towels).
11. Place face shield or goggles in a clean plastic bag or container.
12. Perform hand hygiene
13. Remove N95 mask by the elastic bands and place in a clean sealable paper bag or breathable container.
14. Perform hand hygiene